



## POLICE DEPARTMENT COUNTY OF SUFFOLK, NY

ACCREDITED LAW ENFORCEMENT AGENCY

### Swimming Safety Tips

- Never swim alone. Always have a swim buddy or ensure that a life guard is on duty.
- Never leave children unattended when they are in or near water. Always maintain constant supervision of children and ensure they are within reach when they are near water.
- Do not go swimming when you are under the influence of drugs or alcohol.
- Life vests should always be used by those that are not good swimmers.
- Prepare for emergencies by having a long pole, a life ring with a line and a first aid kit. To obtain a CPR certification, please call (631) 853-5800.
- It is recommended that parents enroll their children in swimming programs such as the Swim For Survival program offered by Suffolk County PAL call (631) 852-6109.
- Ten people die from drowning each day in the United States.
- Children between the ages of 1 and 4 years are at the highest risk for drowning.



#### If You Swim In A Residential Pool:

- Lifesaving equipment and first aid kits should be kept near the pool.
- All pools should be surrounded by at least a 4 foot fence with an automatic locking gate. The gate should remain closed when it is not in use.
- All pools should use a pool alarm. NYS building codes mandate that all residential pools installed constructed or modified after December 14, 2006 must be equipped with an approved pool alarm.
- Establish pool rules and post them near the pool. Don't allow running or horseplay around the pool.
- Use caution when using inflatable toys as they may deflate unexpectedly.

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Crime Stoppers Confidential Tip Hotline: 1-800-220-TIPS  
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